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Treatment For this Muscle Condition
Myasthenia gravis is a neuromuscular condition that results in fatigue and weakness of the voluntary muscles. The problem is a breakdown in communication between nerves and muscles. Normally, a chemical called *acetylcholine* sends nerve impulses to the muscles. In *myasthenia gravis*, the immune system produces antibodies which destroy or block receptor sites for acetylcholine in the muscles themselves. Muscles of the face and neck are most affected; however any muscle may be involved with this condition. Double vision, drooping eyelids, and difficulty chewing, swallowing, or breathing are all possible symptoms. Weakness of the limbs may also occur. While there is no cure for this condition, treatments are available to help alleviate the associated symptoms.

Cholinesterase inhibitors such as pyridostigmine (*Mestinon*) and neostigmine (*Prostigmin*) often improve neuromuscular communication, resulting in better muscle contraction and strength. Steroids decrease antibody production, however prolonged use may lead to serious side effects. Other medications which alter immune system function and may be prescribed for this condition include azathioprine (*Imuran*), mycophenolate mofetil (*CellCept*), cyclophosphamide (*Cytoxan*) or cyclosporine (*Sandimmune, Neoral*).

Diabetic Support Group Meeting
 Every Third Tuesday 6-7 p.m.
 Methodist Fellowship Hall
 200 W. Prairie St.
ALL diabetics and their friends are welcome.
 The meeting will be held by and for diabetics as a means of support.
 This meeting will not offer medical treatment and is not affiliated with the Methodist Church.
 For more information call 234-2853 (nights)

Obituaries



Cora Jane "Janie" Elms
 Cora Jane "Janie" Elms, 65, passed away Thursday, June 7 at the Legend Oaks Rehabilitation Center in Houston.

She was born July 13, 1941 in Hamby, Texas. She was a activity director at Sweetbriar Nursing Home in Columbus and Retail Management.

Cora was a resident of Abilene for three years, and resident of Columbus for 34 years and member of Trinity Baptist Church in Abilene.

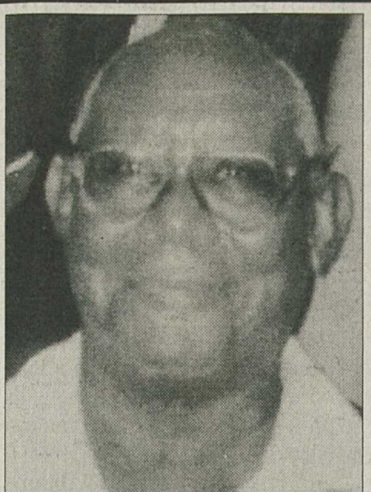
She was preceded in death by her parents, Andrew Lee and Brenda Hareadt Deatherage; husband, James E. "Rip" Elms; son, Brad Jordan; brother, Riley Deatherage, and an infant brother, Jerry Don Deatherage.

Cora leaves to cherish her memory a daughter, D'Nita "Sissy" Kuhn and husband, Kevin, of Houston; son, Jimmy Jordan and wife, Shelley, of Austin; sister, Martha Murray of Abilene; brothers, Ken Deatherage, Math Deatherage, A.L. Deatherage, Jr. all of Abilene; grandchildren, Erik Jordan, Amanda Jordan, Russell Rogers, Briana Rogers, Mitchell Rogers, Jaime Kuhn, Kaylee Kuhn, Aimee Kuhn, Victoria Kuhn, Andrew Kuhn, Ryan Jordan, Christine Jordan and Brett Jordan.

Funeral services were held Saturday, June 9 at 2 p.m. at Henneke Funeral Home in Columbus with Chaplain Court Riddle officiating. Burial was held at Odds Fellows Rest Cemetery in Columbus.

Pallbearers were Andy Deatherage, Wally Murray, Keith Kuhn, Daniel Kuhn, Daniel Neutzling, and Kenneth Hoelscher.

Sympathy is extended to the family in their loss.



Cardell Haynes

Cardell Haynes was born in Caldwell County, Texas on October 10, 1926.

He was the first of five children born to the union of Pierce Haynes and Mae Etta Kimble Haynes.

He was united in marriage to Mary Golden Searcy Haynes on June 29, 1949 to this union four children were born.

Cardell departed this life on June 2, 2007 at the River Crest Nursing Home in San Marcos.

He was preceded in death by both parents; his wife; one son; one brother; and one sister. Cardell leaves to cherish his memory: one son, Elloit Haynes; two daughters, Mary Dean Williams, and Patricia Ann Jones all of Lockhart; two brothers, L.M. Haynes of Las Vegas, Nevada, and Pierce Samuel Haynes Jr. (Mary) of Austin, two sisters, Verlee C. Carter (Cal) of Lockhart, and Bertha O. Haynes of Las Vegas, Nevada, one brother-in-law, Johnnie W. Winn Jr. of Lockhart. Cardell leaves also to cherish his memory, eight grandchildren, eight great grandchildren, three uncles, one aunt, and a host of nieces, nephews, relatives and friends.

A viewing was held on Thursday, June 7, at the Eeds Funeral Home Chapel.

Funeral services were held at 11:00 a.m., Friday, June 8, 2007 at the Ebbon Missionary Baptist Church with the Rev. Herman Luckey officiating.

Serving as pallbearers were Thelton Winn, Truman Carter, Pierce Carter, Johnnie Winn III, Fredrick Carter, and James Carter.

Burial followed immediately afterwards at the Ebbon Cemetery. All arrangements were entrusted to Eeds Funeral Home.

Sympathy is extended to the family for their loss.



Harold T. Boone

Harold T. Boone, of Jacksonville, Florida formerly of Garwood, passed away May 27 in Jacksonville.

At an early age he accepted Christ at Mt. Olive Baptist Church.

Late in life he met a beautiful young lady, Patricia Weeks. They were united in Holy Matrimony in 1976.

He later served in the United States Army. They both joined Friendship Baptist Church, where they both sang in the choir. Now they are once again united with their heavenly Father.

Earlier this year, Brother Boone joined Grace Baptist Church of East Springfield Inc., under the watchful eye of Rev. John Jay Devoe, Jr. in Jacksonville.

He was preceded in death by his wife; father, Wesley Boone; and mother, Lula Mae Boone; and brother B. Boone.

Survivors include a sister, Joyce Carson (Fred); two brothers, Howard L. Boone and Robert L. Boone of Eagle Lake; four sons, Christopher S. Boone (Shanjuan) and Clarence R. Weeks of Houston, Patrick L. Weeks of Austin, Timothy A. Davis (Holly) of Jacksonville; two daughters, Yulanda K. Tillman of Fayetteville, North Carolina and Laccricia R. Johnson (Greg) of Jacksonville; host of grandchildren, great grandchildren, nieces, nephews and many friends.

Funeral services were held Saturday, June 9 at noon at White Cloud Baptist Church with the Rev. Obie Rhodes officiating. Burial followed at Community East Cemetery in Eagle Lake. Arrangements were under the direction of the Eagle Lake Funeral Home.

Sympathy is extended to the family in their loss.



Clemente G. Contreras

Clemente G. Contreras, 78, of Eagle Lake, passed away June 6, in Memorial Hermann Southwest in Houston.

He was born November 23, 1928 in Eagle Lake.

Clem was a plant operator and was of the Baptist faith. He married Esther Diaz of Eagle Lake on March 24, 1947. They just celebrated their 60th wedding anniversary.

He worked many years as a carpenter and worked 12 plus years at Eagle Lake Rice Dryer and retired from the Rice Dryer.

He was preceded in death by his daughter Judy Contreras; parents, Gila and Feliciano Cruz; and son-in-law, Howard Lott.

Clem leaves to cherish his memory his wife, Esther D. Contreras of Eagle Lake; daughters, Ernestine Lott of Eagle Lake, Elizabeth and husband, Curtis Kulow, of Brenham, Eunice and husband, Mike Robinson of Allen, TX, Emily and husband, Jessie Torres, of Eagle Lake, Elaine and husband, Steve Torre, Sr. of Eagle Lake; sons, Franky and wife, Paula Contreras, of Pensacola, Florida, Jacob and wife, Pat Contreras of Pensacola, FL, Larry and wife, Sylvia Contreras of Eagle Lake, Rupert Contreras and Angela of Rosenberg, Gregory and Lydia Contreras of Eagle Lake; brothers, Joe, and wife, Esther Contreras of California and Pete, and wife, Joyce Contreras of Michigan; 24 grandchildren; 23 great grandchildren; nieces and nephews and other relatives.

Visitation was held Friday, June 8 from 11 a.m. until 8 p.m. at the Eagle Lake Funeral Home. Prayer service was held Friday, June 8 at 7 p.m. at the Eagle Lake Funeral Home.

Funeral services were held Saturday, June 9 at 4 p.m. at the Eagle Lake Funeral Home with Rev. Mario Vasquez, Rev. Duane Mayberry and Rev. Roger Rodriguez officiating. Interment followed at Lakeside Cemetery in Eagle Lake. Arrangements were under the direction of the Eagle Lake Funeral Home.

Pallbearers were Jory Contreras, Timothy Jones, Brad Kulow, Mark Contreras, Michael Robinson, J.D. Contreras and Christopher Kulow.

Honorary pallbearers were, Rocky Torres, Nicholas Contreras and Steve Torre, Jr.

Memorials may be given to Rice Medical Center, P.O. Box 277, Eagle Lake, TX 77434 or to the charity of your choice.

Sympathy is extended to the family in their loss.

Men's Health Week Going Through 17th

From June 11 through June 17, Men's Health Week will be observed. The purpose of Men's Health Week is to heighten the awareness of preventable health problems and encourage early detection and treatment of disease among men and boys, says Sally Garrett, County Extension Agent - Family & Consumer Sciences.

This week gives health care providers, public policy makers, the media, and individuals an opportunity to encourage men and boys to seek regular medical advice and early treatment for disease and injury.

Dr. David Gremillion of the Men's Health Network says, "There is a silent health crisis in America...it's that fact that, on average, American men live sicker and die younger than American women." The Centers for Disease Control (CDC) states that in 1920 women lived, on average, one year longer than men. Now, men, on average, die almost six years earlier than women.

Men also die at higher rates than women from the top 10 causes of death and are the victims of over 92% of workplace deaths.

Other health statistics show

that: Men suffer hearing loss at 2 times the rate of women

Testosterone is linked to elevations of LDL, the bad cholesterol, and declines in HDL, the good cholesterol.

Men have fewer infection-fight T-cells and are thought to have weaker immune systems than women.

The impact of men's health on wives, mothers, and daughters makes preventive health care for men a family issue.

For more information or more facts on men's health go to www.menshealthnetwork.org.

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EQUIPPERS OUTREACH FELLOWSHIP INTERNATIONAL: 200 N. College, Weimar, Texas 78962; 979-725-8233; Pastor Jerry Adkins.
 GREATER RISING STAR BAPTIST CHURCH: 580 Old Altair Road, Eagle Lake; Rev. Truman Scott Sr., Pastor; 234-2423 or 758-3745.
 GREATER UNION BAPTIST CHURCH: Matthews Community, Co. Rd. 141; Rev. Lawrence C. Robertson, Pastor; 234-2581.
 MT. CARMEL MISSIONARY BAPTIST CHURCH: Hwy. 90-A (Pecan Valley), Eagle Lake; Rev. H.O. Williams, Pastor; 234-5813.
 LIVING HOPE CHURCH: Eagle Lake; Revs. Joe and Mercy Fling; 234-5536.
 BEREIA CLADIC: 623 Maple Avenue, Eagle Lake; 234-2130.
 ROCK ISLAND FULL GOSPEL: P.O. Box 232, Rock Island; 234-5840.
 CHRISTIAN CITY FELLOWSHIP: 1140 Meyer, Sealy; Rusty Griffin, Pastor.
 THE DAY OF PENTECOST APOSTOLISTIC REVIVAL RISING STAR: FM 102 South, Matthews; 4 p.m. (at Mt. Zion), Rev. R.L. Carter Sr. 979-478-2169.
 GREATER NEW FAITH CHURCH: 6406 GUYLER, WALLIS; Rev. Clay Spears, Pastor; 979-478-2169.
 EAST BERNARD FIRST BAPTIST CHURCH: 527 N. Lake, Eagle Lake; Rev. Chris Thacker, Pastor; 234-2571.
 FRIENDSHIP BAPTIST: 405 S. Lake, Eagle Lake; 234-5795.
 IGLESIA BAUTISTIA GETSEMANE: 901 B Street, Eagle Lake; Rev. Mario Vasquez.
 GREATER MT. OLIVE BAPTIST: Rev. Dave Curry; 709 N. Lake, Eagle Lake; 234-3545.
 WRIGHT GROVE BAPTIST: Rev. T.J. Cunningham Jr.; Altair.
 PROVIDENCE BAPTIST: 1207 Seaholm, Eagle Lake; Rev. Coby Shorter Jr., 234-3735.
 CHRIST EPISCOPAL CHURCH: 306 E. Stockbridge, Eagle Lake, 234-3437.
 ROCK ISLAND BAPTIST: Bob Allison, Pastor.
 SHERIDAN FIRST BAPTIST: FM 2437; Rev. Jim Dunn, Pastor; 234-3136.
 WHITE CLOUD BAPTIST CHURCH: 202 Old Altair Road, Eagle Lake; Rev. Obie Rhodes, Pastor; 234-3800.

CHURCH OF CHRIST: Sheridan.
 NEW LIFE FELLOWSHIP: Hwy. 90A, Sheridan; Del Sanford, Pastor; 234-3276.
 CHRIST OUR REDEEMER-Charismatic: Jerry C. McKinney, Pastor; 979-478-7534 or 478-6512.
 HOLY CROSS CATHOLIC CHURCH: East Bernard.
 CATHOLIC PARISH OF THE NATIVITY: Our Lady of Perpetual Help Sanctuary; 308 N. Stevenson, Eagle Lake; 8 a.m. (Español), 10 a.m. (English) 6 p.m. Saturday (English), Rev. Robert F. Guerra, P.O. Box 307; 234-2842.
 ST. MARY'S CATHOLIC CHURCH: Box 97, Nada; Fr. Joe Vrana; 758-3218.
 GRACE LUTHERAN: 408 N. Stevenson, Eagle Lake; Services begin at 10 a.m.; Rev. Clements Richard, Pastor; 234-3381.
 LEHRER MEMORIAL UNITED METHODIST: Garwood; 9 a.m. worship.
 LISSIE UNITED METHODIST: J. L. Craft, Pastor; 234-2112, Lissie.
 ROCK ISLAND METHODIST: Ken Seller Jr. Lay-Pastor.
 UNITED METHODIST: 200 W. Prairie; Sunday School 9:30 a.m., Worship, 10:45 a.m.
 FIRST PRESBYTERIAN: 106 E. State Street, Eagle Lake; 234-3368.
 VINE OF THE LORD: 1300 E. State Street, Eagle Lake; Rev. Paul Aguilar, Pastor; 234-7543.
 CrossRoad ASSEMBLY OF GOD: 510 Wallace, East Bernard; Pastor George Kutach; 979-335-7706.
 THE CHURCH OF CHRIST OF LATTER-DAY SAINTS: 600 W. St., Sealy; Marshall Crosby, Branch Pres.
 CHURCH OF CHRIST: 815 Milam, Columbus; Lynn Wilson, Minister.
 THE SHEPHERD'S WAY: Interdenomination Christian Fellowship; 1225 Eagle Lake Road, Sealy, Frank Lucas, Pastor; 979-885-1225.
 SOUTH POINT BAPTIST CHURCH: 6407 Hwy 71-S, Garwood; 979-758-3039.
 ASSEMBLEA DE DIOS HOSANNA: 403 East Main, Eagle Lake; 979-732-1966; Pastor Romero Rodriguez Jr.
 BIBLE TRUTH APOSTOLIC CHURCH: Corner of S. Wharton & E. First St., El Campo; Pastor Larry T. Smith; 979-543-2331.-non-denominational.

Bible Verse of the Week

"Keep your life free from the love of money and be content with what you have for He has said I will never fail you or forsake you."
 -Hebrews 13:5

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